

Bible Study: Book of Psalms

Date	June 18, 2025	Wednesday Night Class
Connecting Scriptures/Thoughts	Psalm 90- A prayer of Moses, the man of God(Book Four)	
<p>Exd 15 & Deut 32 Moses wrote other songs. Not sure when exactly this Psalm was written but this one is a prayer. Considered the oldest Psalm. Maybe Numbers 20 influenced this writing(Miriam, Aaron and disobedient sin)</p> <p>V 3 Genesis 3:19; Hebrews 9:27 Second part of v 3- then you say return oh children of man. (Resurrection)</p> <p>V4- 2 Peter 3:8 time was made and controlled by God. God does not follow time as we do.</p> <p>V 5-7 life is so quick, youth middle aged, then elderly. 1 Peter 1:23</p> <p>V 8 Our sins are before God which is terrifying v 11 which is why we need God's forgiveness/pity v 13. Through his Son and our commitment.</p> <p>V 7-11 God's righteous judgement against sin, but remember this was not God's original plan for man but it is His disposition toward sin. Heb 10:31;Rom 3:23;6:23</p> <p>V10 number our days, let God's love satisfy us. This is enough...</p> <p>V12-17 Commit ourselves to the Lord, work His works in our lives.</p>	<p>[1] Lord, you have been our dwelling place in all generations. [2] Before the mountains were brought forth, or ever you had formed the earth and the world, from everlasting to everlasting you are God. [3] You return man to dust and say, "Return, O children of man!" [4] For a thousand years in your sight are but as yesterday when it is past, or as a watch in the night. [5] You sweep them away as with a flood; they are like a dream, like grass that is renewed in the morning; [6] in the morning it flourishes and is renewed; in the evening it fades and withers. [7] For we are brought to an end by your anger; by your wrath we are dismayed. [8] You have set our iniquities before you, our secret sins in the light of your presence. [9] For all our days pass away under your wrath; we bring our years to an end like a sigh. [10] The years of our life are seventy, or even by reason of strength eighty; yet their span is but toil and trouble; they are soon gone, and we fly away. [11] Who considers the power of your anger, and your wrath according to the fear of you? [12] So teach us to number our days that we may get a heart of wisdom. [13] Return, O LORD! How long? Have pity on your servants! [14] Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days. [15] Make us glad for as many days as you have afflicted us, and for as many years as we have seen evil. [16] Let your work be shown to your servants, and your glorious power to their children. [17] Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands! (ESV)</p>	

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<p>Most High, Almighty, Lord God Exodus 6:3</p> <p>Safest place in the world is in the shadow of God. (What would be necessary to be in His Shadow metaphorically speaking?)</p> <p>V 3-10 Round the clock threats to this Psalmist and you and I by the world and the evil one.</p> <p>Danger of v 10 to then test God!</p> <p>Matthew 4:7</p> <p>By clinging to God we are kept safe v 9-10 but we know evil and death came into the world through sin. Romans 5:12</p> <p>God's care that we often do not talk about. V11-13</p> <p>Three Important facts...</p> <ol style="list-style-type: none"> 1. God holds fast to me in love 2. God knows my name 3. God calls to me <p>Promises to us:</p> <ol style="list-style-type: none"> 1. God will deliver me 2. God will protect me 3. God will be with me in trouble 4. God will rescue me 5. God will honor me 6. God will satisfy me 7. God will share salvation with me! 	<p>[1] He who dwells in the shelter of the Most High will abide in the shadow of the Almighty.</p> <p>[2] I will say to the LORD, "My refuge and my fortress, my God, in whom I trust."</p> <p>[3] For he will deliver you from the snare of the fowler and from the deadly pestilence.</p> <p>[4] He will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler.</p> <p>[5] You will not fear the terror of the night, nor the arrow that flies by day,</p> <p>[6] nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday.</p> <p>[7] A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.</p> <p>[8] You will only look with your eyes and see the recompense of the wicked.</p> <p>[9] Because you have made the LORD your dwelling place— the Most High, who is my refuge—</p> <p>[10] no evil shall be allowed to befall you, no plague come near your tent.</p> <p>[11] For he will command his angels concerning you to guard you in all your ways.</p> <p>[12] On their hands they will bear you up, lest you strike your foot against a stone.</p> <p>[13] You will tread on the lion and the adder; the young lion and the serpent you will trample underfoot.</p> <p>[14] "Because he holds fast to me in love, I will deliver him; I will protect him, because he knows my name.</p> <p>[15] When he calls to me, I will answer him; I will be with him in trouble; I will rescue him and honor him.</p> <p>[16] With long life I will satisfy him and show him my salvation." (ESV)</p>	

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It is not that anything bad cannot happen we know this to not be true. However, the BLESSINGS and PROTECTION come from a rich relationship with GOD.

What conditions are set forth in this Psalm?

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<p>Song for the Sabbath</p> <p>We live in a sinful world.... But with God is not that bad! In fact we need to praise God more, recognize our blessings more, concentrate on the good more. Philippians 2:14-15; 4:8</p> <p>Singing, worshipping God on the first day of the week should bring us joy.</p> <p>Ahh but not all are smart, Evil, foolish and stupid people who want to fight against God and His commands just don't get it!</p> <p>You want to know what you need in order to flourish and be successful in this life? You need a relationship with God, that is where you will find success.</p> <p>Find JOY in GOD through a relationship and commitment, and understanding His commands, including those that speak about obedience and forgiveness when we fall short.</p>	<p>[1] It is good to give thanks to the LORD, to sing praises to your name, O Most High;</p> <p>[2] to declare your steadfast love in the morning, and your faithfulness by night,</p> <p>[3] to the music of the lute and the harp, to the melody of the lyre.</p> <p>[4] For you, O LORD, have made me glad by your work; at the works of your hands I sing for joy.</p> <p>[5] How great are your works, O LORD! Your thoughts are very deep!</p> <p>[6] The stupid man cannot know; the fool cannot understand this:</p> <p>[7] that though the wicked sprout like grass and all evildoers flourish, they are doomed to destruction forever;</p> <p>[8] but you, O LORD, are on high forever.</p> <p>[9] For behold, your enemies, O LORD, for behold, your enemies shall perish; all evildoers shall be scattered.</p> <p>[10] But you have exalted my horn like that of the wild ox; you have poured over me fresh oil.</p> <p>[11] My eyes have seen the downfall of my enemies; my ears have heard the doom of my evil assailants.</p> <p>[12] The righteous flourish like the palm tree and grow like a cedar in Lebanon.</p> <p>[13] They are planted in the house of the LORD; they flourish in the courts of our God.</p> <p>[14] They still bear fruit in old age; they are ever full of sap and green,</p> <p>[15] to declare that the LORD is upright; he is my rock, and there is no unrighteousness in him. (ESV)</p>	

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