

One Page Bible Study: Book of Psalms

Psalm 36 & 37		
Date	January 8, 2025	Wednesday Night Class
Connecting Scriptures/Thoughts	Psalm 36	
<p>Proverbs 1:1-7 Sin is speaking.... Deception of Sin“It flatters him”: Why is sin popular? Why are far more people not serving God than serving Him? Because sin flatters us and tells us sweet little lies: such as</p> <p>Romans 1:21 Romans 3:18</p> <p>Contrast a believer with Wicked Psalm 16:8</p> <p>Plotting trouble on his bed, what type of person has he developed into?</p> <p>Talks about knowing God. What are the various ways we get to know God? 1 John 4:8</p> <p>How does one determine if you have a righteous upright heart with God? Titus 1:16</p> <p>Who wins in the end? 1 John 5:4</p> <p>Romans 8:37</p> <p>John 16:33</p> <p>This Psalm closes with David praying earnestly.</p>	<p>[1] Transgression speaks to the wicked deep in his heart; there is no fear of God before his eyes.</p> <p>[2] For he flatters himself in his own eyes that his iniquity cannot be found out and hated.</p> <p>[3] The words of his mouth are trouble and deceit;he has ceased to act wisely and do good.</p> <p>[4] He plots trouble while on his bed; he sets himself in a way that is not good; he does not reject evil.</p> <p>[5] Your steadfast love, O LORD, extends to the heavens, your faithfulness to the clouds.</p> <p>[6] Your righteousness is like the mountains of God; your judgments are like the great deep; man and beast you save, O LORD.</p> <p>[7] How precious is your steadfast love, O God! The children of mankind take refuge in the shadow of your wings.</p> <p>[8] They feast on the abundance of your house, and you give them drink from the river of your delights.</p> <p>[9] For with you is the fountain of life; in your light do we see light.</p> <p>[10] Oh, continue your steadfast love to those who know you, and your righteousness to the upright of heart!</p> <p>[11] Let not the foot of arrogance come upon me, nor the hand of the wicked drive me away.</p> <p>[12] There the evildoers lie fallen; they are thrust down, unable to rise.</p>	

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The encouragement to the righteous is to focus on doing right and not to get distracted by the wicked. God will handle evil men. The righteous have better things to do with their time.

Notice the list:

- Trust in the Lord
- Delight yourself in the Lord
- Commit your way to the Lord

This is what the righteous need to do. The phrase "in the Lord" emphasizes that it is not about me but what God wants. I need to trust in God's decisions and methods. I need to find joy in living life God's way. And I need to be dedicated to following God.

What happens when we take God at his word, keep him at the center of everything, and allow passages like Psalm 37 to fill and shape our hearts?

Psalm 37

Fret not yourself because of evildoers; be not envious of wrongdoers (37:1)

Trust in the LORD, and do good; dwell in the land and befriend faithfulness (37:3)

Delight yourself in the LORD, and he will give you the desires of your heart (37:4)

Commit your way to the LORD; trust in him, and he will act (37:5)

Be still before the LORD and wait patiently for him (37:7)

Refrain from anger, and forsake wrath (37:8)

Fret not yourself; it tends only to evil (37:8)

Turn away from evil and do good (37:27)

Wait for the LORD and keep his way (37:34)

Mark the blameless and behold the upright, for there is a future for the man of peace (37:37)

The salvation of the righteous is from the LORD; he is their stronghold in the time of trouble. The LORD helps them and delivers them; he delivers them from the wicked and saves them, because they take refuge in him. ([Psa 37:39-40](#))