

Bible Study: Book of Psalms

Date	July 16, 2025	Wednesday Night Class
Connecting Scriptures/Thoughts	Psalm 103- Bless the Lord O My Soul- David	
<p>David is reminding us why God is worthy of our worship.</p> <p>When reading this Psalm, I was reminded of how Great our God is! He forgives sins of those who are His children. He defines the children part by saying those who fear him, and those who keep His covenant and remember to do His commandments. This is the LOVING relationship we have with God. What exactly demonstrates the Loving relationship here?</p> <p>God COULD deal with us according to our Sins but chooses not to if you commit yourself to Him.</p> <p>Justice will be served</p> <p>Even when we cross God he is merciful, gracious and continues to love us.</p> <p>God deserves everything we have: David said with his soul and with all that is in Him he wants to worship God.</p> <p>Matthew 22:36-40 Jesus answers an important question.</p> <p>Contrast Matt 22:36-40 with how Jesus called out the Pharisees in Mark 7:6-7</p>	<p>[1] Bless the LORD, O my soul, and all that is within me, bless his holy name!</p> <p>[2] Bless the LORD, O my soul, and forget not all his benefits,</p> <p>[3] who forgives all your iniquity, who heals all your diseases,</p> <p>[4] who redeems your life from the pit, who crowns you with steadfast love and mercy,</p> <p>[5] who satisfies you with good so that your youth is renewed like the eagle's.</p> <p>[6] The LORD works righteousness and justice for all who are oppressed.</p> <p>[7] He made known his ways to Moses, his acts to the people of Israel.</p> <p>[8] The LORD is merciful and gracious, slow to anger and abounding in steadfast love.</p> <p>[9] He will not always chide, nor will he keep his anger forever.</p> <p>[10] He does not deal with us according to our sins, nor repay us according to our iniquities.</p> <p>[11] For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him;</p> <p>[12] as far as the east is from the west, so far does he remove our transgressions from us.</p> <p>[13] As a father shows compassion to his children, so the LORD shows compassion to those who fear him.</p> <p>[14] For he knows our frame; he remembers that we are dust.</p> <p>[15] As for man, his days are like grass; he flourishes like a flower of the field;</p> <p>[16] for the wind passes over it, and it is gone, and its place knows it no more.</p> <p>[17] But the steadfast love of the LORD is from everlasting to everlasting on those who fear him, and his righteousness to children's children,</p> <p>[18] to those who keep his covenant and remember to do his commandments.</p> <p>[19] The LORD has established his throne in the heavens, and his kingdom rules over all.</p> <p>[20] Bless the LORD, O you his angels, you mighty ones who do his word, obeying the voice of his word!</p> <p>[21] Bless the LORD, all his hosts, his ministers, who do his will!</p>	

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<p>These reasons all support why God deserves our Heart and Soul worship.</p> <p>Do you live your life as a forgiven person? What would that look like?</p> <p>David concludes with the hope that EVERYTHING praises God!</p> <p>Romans 1:21 Danger of knowing God but not honoring Him as the Psalm describes.</p>	<p>[22] Bless the LORD, all his works, in all places of his dominion. Bless the LORD, O my soul! (ESV)</p>
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<p>Romans 1:20</p> <p>Psalm 19:1</p> <p>Isaiah 40:25-26</p> <p>Job 12:7-10</p> <p>Hebrews 11:3</p> <p>What miracles have you heard about, studied or observed in nature? Please plan on sharing with the class</p> <p>Armadillos Lizards that run on water and fly Elephants have more muscles in the trunk than your whole body. Fish that glow in the dark Poison frogs Osprey Porcupine Animals that see at night Migration journeys -Caribou 4,000 miles -Arctic Tern- arctic to Antarctic take the long way</p>	<p>[1] Bless the LORD, O my soul! O LORD my God, you are very great! You are clothed with splendor and majesty,</p> <p>[2] covering yourself with light as with a garment, stretching out the heavens like a tent.</p> <p>[3] He lays the beams of his chambers on the waters; he makes the clouds his chariot; he rides on the wings of the wind;</p> <p>[4] he makes his messengers winds, his ministers a flaming fire.</p> <p>[5] He set the earth on its foundations, so that it should never be moved.</p> <p>[6] You covered it with the deep as with a garment; the waters stood above the mountains.</p> <p>[7] At your rebuke they fled; at the sound of your thunder they took to flight.</p> <p>[8] The mountains rose, the valleys sank down to the place that you appointed for them.</p> <p>[9] You set a boundary that they may not pass, so that they might not again cover the earth.</p> <p>[10] You make springs gush forth in the valleys; they flow between the hills;</p> <p>[11] they give drink to every beast of the field; the wild donkeys quench their thirst.</p> <p>[12] Beside them the birds of the heavens dwell; they sing among the branches.</p> <p>[13] From your lofty abode you water the mountains; the earth is</p>	

Bible Study: Book of Psalms

Barheaded Geese- 7,000 meters high(modified so they can breathe)

satisfied with the fruit of your work.

[14] You cause the grass to grow for the livestock and plants for man to cultivate that he may bring forth food from the earth

[15] and wine to gladden the heart of man, oil to make his face shine and bread to strengthen man's heart.

[16] The trees of the LORD are watered abundantly, the cedars of Lebanon that he planted.

[17] In them the birds build their nests; the stork has her home in the fir trees.

[18] The high mountains are for the wild goats; the rocks are a refuge for the rock badgers.

[19] He made the moon to mark the seasons; the sun knows its time for setting.

[20] You make darkness, and it is night, when all the beasts of the forest creep about.

[21] The young lions roar for their prey, seeking their food from God.

[22] When the sun rises, they steal away and lie down in their dens.

[23] Man goes out to his work and to his labor until the evening.

[24] O LORD, how manifold are your works! In wisdom have you made them all; the earth is full of your creatures.

[25] Here is the sea, great and wide, which teems with creatures innumerable, living things both small and great.

[26] There go the ships, and Leviathan, which you formed to play in it.

[27] These all look to you, to give them their food in due season.

[28] When you give it to them, they gather it up; when you open your hand, they are filled with good things.

[29] When you hide your face, they are dismayed; when you take away their breath, they die and return to their dust.

[30] When you send forth your Spirit, they are created, and you renew the face of the ground.

[31] May the glory of the LORD endure forever; may the LORD rejoice in his works,

[32] who looks on the earth and it trembles, who touches the mountains and they smoke!

[33] I will sing to the LORD as long as I live; I will sing praise to my God while I have being.

[34] May my meditation be pleasing to him, for I rejoice in the LORD.

[35] Let sinners be consumed from the earth, and let the wicked

Bible Study: Book of Psalms

	be no more! Bless the LORD, O my soul! Praise the LORD! (ESV)
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