

Bible Study: Book of Psalms

Psalm 55-57		
Date	March 12, 2025	Wednesday Night Class
Connecting Scriptures/Thoughts	Psalm 55	
<p>Anguish, fears, terror, trembling are descriptive words that David uses to describe how he is feeling.</p> <p>How often have you thought to yourself, I wish I could just escape to a place to get some peace and quiet?</p> <p>Usually the pain and the suffering is on the inside and you cannot fix a spiritual problem with physical solutions or even a change in location.</p> <p>V 12-13 reveals the real enemy is a close friend</p> <p>V15-16 David wants God to intervene for his or her wickedness. This is not a mere mistake, the person devises evil.</p> <p>17-18 David does not remain silent, but he is not one to complain to just anyone, David brings his complaints to God.</p> <p>Why is it a good idea to bring your worries, lack of peace, and even complaints to God rather than to man?</p>	<p>[1] Give ear to my prayer, O God, and hide not yourself from my plea for mercy!</p> <p>[2] Attend to me, and answer me; I am restless in my complaint and I moan,</p> <p>[3] because of the noise of the enemy, because of the oppression of the wicked. For they drop trouble upon me, and in anger they bear a grudge against me.</p> <p>[4] My heart is in anguish within me; the terrors of death have fallen upon me.</p> <p>[5] Fear and trembling come upon me, and horror overwhelms me.</p> <p>[6] And I say, "Oh, that I had wings like a dove! I would fly away and be at rest;</p> <p>[7] yes, I would wander far away; I would lodge in the wilderness; Selah</p> <p>[8] I would hurry to find a shelter from the raging wind and tempest."</p> <p>[9] Destroy, O Lord, divide their tongues; for I see violence and strife in the city.</p> <p>[10] Day and night they go around it on its walls, and iniquity and trouble are within it;</p> <p>[11] ruin is in its midst; oppression and fraud do not depart from its marketplace.</p> <p>[12] For it is not an enemy who taunts me— then I could bear it; it is not an adversary who deals insolently with me— then I could hide from him.</p> <p>[13] But it is you, a man, my equal, my companion, my familiar friend.</p> <p>[14] We used to take sweet counsel together; within God's house we walked in the throng.</p> <p>[15] Let death steal over them; let them go down to Sheol alive; for evil is in their dwelling place and in their heart.</p> <p>[16] But I call to God, and the LORD will save me.</p> <p>[17] Evening and morning and at noon I utter my complaint and moan, and he hears my voice.</p> <p>[18] He redeems my soul in safety from the battle that I wage, for many are arrayed against me.</p> <p>[19] God will give ear and humble them, he who is enthroned from of old, Selah</p>	

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	<p>because they do not change and do not fear God.</p> <p>[20] My companion stretched out his hand against his friends; he violated his covenant.</p> <p>[21] His speech was smooth as butter, yet war was in his heart; his words were softer than oil, yet they were drawn swords.</p> <p>[22] Cast your burden on the LORD, and he will sustain you; he will never permit the righteous to be moved.</p> <p>[23] But you, O God, will cast them down into the pit of destruction; men of blood and treachery shall not live out half their days. But I will trust in you. (ESV)</p>
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Connecting Scriptures/Thoughts	Psalm 56
<p>V1-2 My enemies fight against me? What is man doing to me?</p> <p>Matthew 10:28</p> <p>Hebrews 13:5-6</p> <p>V3-4 Yet I trust in God</p> <p>V5-7 My enemies want to ruin me, what is man trying to do to me?</p> <p>V8-9 My God is for me! What is God doing for me?</p> <p>V10-11 I place my trust in God, what can man do to me?</p> <p>12-13 Everything I have is because of God, including the most important salvation of my soul.</p>	<p>To the choirmaster: according to The Dove on Far-off Terebinths. A Miktam of David, when the Philistines seized him in Gath.</p> <p>[1] Be gracious to me, O God, for man tramples on me; all day long an attacker oppresses me;</p> <p>[2] my enemies trample on me all day long, for many attack me proudly.</p> <p>[3] When I am afraid, I put my trust in you.</p> <p>[4] In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?</p> <p>[5] All day long they injure my cause; all their thoughts are against me for evil.</p> <p>[6] They stir up strife, they lurk; they watch my steps, as they have waited for my life.</p> <p>[7] For their crime will they escape? In wrath cast down the peoples, O God!</p> <p>[8] You have kept count of my tossings; put my tears in your bottle. Are they not in your book?</p> <p>[9] Then my enemies will turn back in the day when I call. This I know, that God is for me.</p> <p>[10] In God, whose word I praise, in the LORD, whose word I praise,</p> <p>[11] in God I trust; I shall not be afraid. What can man do to me?</p> <p>[12] I must perform my vows to you, O God; I will render thank offerings to you.</p> <p>[13] For you have delivered my soul from death, yes, my feet from falling, that I may walk before God in the light of life.</p>

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<p>God deserves to be praised no matter the circumstances.</p> <p>V 2 is an amazing and often pondered question, what is my purpose and how do I find it? Who holds your purpose?</p> <p>Fulfilling my purpose can happen in almost any occupation or circumstance in life.</p> <p>David's refuge is not the cave that he is hiding in from Saul, but rather his refuge is the Lord.</p> <p>God seems to intervene in the middle of verses 3. Sending out his steadfast love and faithfulness.</p> <p>When does it seem that David is relieved because God is on his side? V7 which is a counter of verse 1.</p>	<p>To the choirmaster: according to Do Not Destroy. A Miktam of David, when he fled from Saul, in the cave.</p> <p>[1] Be merciful to me, O God, be merciful to me, for in you my soul takes refuge; in the shadow of your wings I will take refuge, till the storms of destruction pass by.</p> <p>[2] I cry out to God Most High, to God who fulfills his purpose for me.</p> <p>[3] He will send from heaven and save me; he will put to shame him who tramples on me. Selah God will send out his steadfast love and his faithfulness!</p> <p>[4] My soul is in the midst of lions; I lie down amid fiery beasts— the children of man, whose teeth are spears and arrows, whose tongues are sharp swords.</p> <p>[5] Be exalted, O God, above the heavens! Let your glory be over all the earth!</p> <p>[6] They set a net for my steps; my soul was bowed down. They dug a pit in my way, but they have fallen into it themselves. Selah</p> <p>[7] My heart is steadfast, O God, my heart is steadfast! I will sing and make melody!</p> <p>[8] Awake, my glory! Awake, O harp and lyre! I will awake the dawn!</p> <p>[9] I will give thanks to you, O Lord, among the peoples; I will sing praises to you among the nations.</p> <p>[10] For your steadfast love is great to the heavens, your faithfulness to the clouds.</p> <p>[11] Be exalted, O God, above the heavens! Let your glory be over all the earth! (ESV)</p>